

April 2021



DANCING MOOSE
MONTESSORI SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
29 Fresh Fruit & Pretzels Cauliflower Alfredo Pasta Side Salad Strawberry Toast	30 Fruit Smoothies Vegetarian Sloppy Joe Potato Wedges Apple Slices and Pita	31 Cottage cheese with fresh fruit Teriyaki Vegetables Rice Apple Granola Bites	1 Holi Color Festival Yogurt Parfait Grilled Cheese Tomato Soup Bananas & Graham Crackers	2 Egg Hunt Oatmeal Meatless Loaf Mashed Potatoes Pita Chips & Cheese
5 Spring Break Smoothies Vegetarian Soup Rolls Apple Slices and Pretzels	6 Spring Break Strawberry Toast Butternut Squash Bowties Side Salad Fresh Fruit & Crackers	7 Spring Break Berry Bright Trail Mix Grilled Cheese Applesauce Orange Slices Graham Crackers	8 Spring Break Banana Yogurt Splits Baked Penne Pasta Side Vegetables Cheese and Crackers	9 Spring Break Fruit and Pretzels Cheese Quesadillas Corn and Black Bean Salad Moose Mix
12 Guacamole and Pita Cheese Pinwheels Apple Slices, Pickle Spear Orange Slices & Pita Chips	13 Orange Slices & Pita Chips Vegetarian Quesadillas Corn and Black Bean Salad Blueberry Bread	14 Banana Bread Baked Penne Pasta Side Vegetables Apple Slices Chick Pea Veggie Crisps	15 Teacher Appreciation Lunch Fruit Smoothies Vegetarian Chili Cornbread Pretzels Fresh Fruit	16 Apple Cinnamon Pancakes Chef's Vegetarian Entrée Potato Wedges Cheese and Crackers
19 Build Your Own Parfait Vegetarian Enchiladas Corn and Black Bean Salad Apple Slices, Crackers	20 Oatmeal Cheese Sandwiches Applesauce, Pickle Blueberry Muffin Bites	21 Monster Smoothies Rainbow Pizza Side Salad Orange Slices & Crackers	22 Earth Day Cheese and Crackers Penne al Forno Side Vegetables Dried Fruit & Pretzels	23 Vegan Menu Bananas and Pretzels Vegetarian Chili Rolls Bananas Pita Chips
26 Morning Glory Trail Mix Chef's Vegetarian Entrée Rice, Side Vegetables Carrot Bread	27 Fruit Smoothies Potato Broccoli Soup Rolls Cheese and Crackers	28 Cottage cheese with fresh fruit Vegetable Stir Fry Rice Apple Slices Chick Pea Veggie Crisps	29 Yogurt and Granola Spaghetti & Tomato Sauce Side Salad Apple Granola Bites	30 Berry Bright Trail Mix Vegetarian BBQ Sandwich Potato Wedges Bananas & Graham Crackers

Hello Dancing Moose Families!

Join us and try a new recipe this month: [Chocolate Banana Smoothie](#), serves 1

- 1 cup of milk or almond milk
- 1 frozen banana
- 1 TBSP cocoa powder
- 1 TBSP honey

Blend in a mixer until creamy. Serve immediately.

Zayda Campos, Chef at Lake Park

Pepe Soberanis, Chef at River Park