

May 2021



**DANCING MOOSE**  
MONTESSORI SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Cheese and Crackers Cauliflower Alfredo Pasta Side Vegetables Bananas & Graham Crackers	<b>4</b> Fruit Smoothies Grilled Cheese Tomato Soup Berry Bright Trail Mix	<b>5</b> <i>Cinco de Mayo</i> Build Your Own Parfait Cheese Enchiladas Corn and Black Bean Salad Tortilla Chips & Salsa	<b>6</b> Oatmeal Chef's Vegetarian Entrée Cauliflower Mashed Potatoes Apple Slices Chick Pea Veggie Crisps	<b>7</b> Apple Granola Bites Baked Penne Pasta Side Vegetables Cheese and Crackers
<b>10</b> Apple Cinnamon Pancakes Chef's Vegetarian Entrée Herb Roasted Vegetables Dried Fruit & Pretzels	<b>11</b> Banana Yogurt Splits Spaghetti & Tomato Sauce Side Salad Blueberry Muffin Bites	<b>12</b> Cottage cheese with fresh fruit Teriyaki Vegetables Rice Moose Mix	<b>13</b> Monster Smoothies Potato Broccoli Soup Rolls Orange Slices & Crackers	<b>14</b> Graham Crackers & Yogurt Homemade Pizza Side Vegetables Apple Slices and Pretzels
<b>17</b> Cheese and Crackers Vegetable Soup Rolls Apple Granola Bites	<b>18</b> Oatmeal Chef's Vegetarian Entrée Side Vegetables Apple Slices and Pita	<b>19</b> Strawberry Toast Butternut Squash Bowties Side Vegetables Dried Fruit & Pretzels	<b>20</b> Fruit Smoothies Vegetarian BBQ Sandwich Potato Wedges Berry Bright Trail Mix	<b>21</b> Bananas and Pretzels Pasta Bolognese Side Salad Apple Slices Chick Pea Veggie Crisps
<b>24</b> Yogurt & Fresh Fruit Cheese Quesadillas Corn and Black Bean Salad Afternoon Snack - Chef's Choice	<b>25</b> Orange Slices & Pita Chips Cheese Sandwiches Apple Slices, Pickle Spear Cocoa Beet Squares	<b>26</b> Apple Cinnamon Pancakes Chef's Vegetarian Entrée Potato Wedges Blueberry Bread	<b>27</b> Smoothies Vegetarian Chili Cornbread Cheese and Crackers	<b>28</b> <i>Optional School Day</i> Avocado Toast Penne with Tomato Sauce Side Salad Bananas Pita Chips
<b>31</b> <i>Memorial Day</i> School Closed				

Hello Dancing Moose Families! Join us and try a new recipe this month!

Healthy Peanut Butter Chocolate Bowls

- 1/2 cup plain yogurt
- 1 tbsp natural peanut butter
- 2 tbsp chocolate chips
- 1/2 banana, sliced

In a small bowl, place peanut butter on the bottom. Next layer is yogurt. Top with sliced bananas and chocolate chips. Stir your mixture together and enjoy. This is a healthy spin on peanut butter cheesecake!

Zayda Campos, Chef at Lake Park

Pepe Soberanis, Chef at River Park