



**DANCING
MOOSE**
MONTESSORI SCHOOL

MAY MENU

Hugo Posso, Chef at River Park Campus
Zayda Campos, Chef at Garden Campus
Pepe Soberanis, Chef at Museum Campus

Monday	Tuesday	Wednesday	Thursday	Friday
2 Yogurt & Fresh Fruit Meatloaf Side Vegetables Orange Slices Pretzels	3 Pancakes Tortilla Soup Rolls Dried Fruit & Pretzels	4 <i>Cinco de Mayo</i> Smoothies Cheese Quesadillas Corn and Black Bean Salad Tortilla Chips & Salsa	5 Strawberry Toast Chicken Stir Fry Rice Apple Slices Chick Pea Veggie Crisps	6 Rice Pudding Lasagna Side Salad Cheese and Crackers
9 Orange Slices & Crackers Cheese Quesadillas Corn and Black Bean Salad Orange Slices Graham Crackers	10 Yogurt and Granola Baked Penne Pasta Side Salad Dried Fruit & Pretzels	11 Blueberry Bread Chicken Enchiladas Corn and Black Bean Salad Moose Mix	12 <i>Teacher Lunch</i> Oatmeal Turkey Sandwiches Applesauce Fresh Fruit Pita Chips	13 Cinnamon Rolls Homemade Pizza Side Salad Cheese and Crackers
16 French Toast with Jelly Lemon Chicken Potato Wedges Dried Fruit & Pretzels	17 Rice Pudding Grilled Cheese Applesauce, Pickle Apple Granola Bites	18 Bery Bright Trail Mix Spaghetti & Meatballs Side Salad Bananas & Graham Crackers	19 Yogurt & Fresh Fruit Broccoli Cream Soup Rolls Cheese and Crackers	20 Fruit Smoothies Teriyaki Chicken Rice Apple Slices and Pretzels
23 Yogurt & Fresh Fruit Homemade Pizza Side Vegetables Orange Slices & Crackers	24 Strawberry Toast Chicken Enchiladas Corn and Black Bean Salad Bananas Pita Chips	25 Oatmeal Grilled Cheese Applesauce, Pickle Moose Mix	26 Cottage cheese with fresh fruit Butternut Squash Bowties Side Vegetables Cheese and Crackers	27 Fruit Smoothies Vegetable Stir Fry Rice Apple Slices and Pretzels
30 <i>Memorial Day</i>	31 Pancakes Turkey Sandwiches Applesauce Fresh Fruit Graham Crackers	1 Smoothies Vegetarian Chili Rolls Cinnamon Apples & Crackers	2 Yogurt & Fresh Fruit BBQ Chicken Sandwich Carrot Sticks and Broccoli Afternoon Snack - Chef's Choice	3 Fresh Fruit & Pretzels Bolognese Pasta Side Salad Bananas Chick Pea Veggie Crisps

Happy May! The weather is slowing getting warmer and we want to share one of our smoothie recipes with you and your family.

Orange Banana Smoothie

1 frozen banana
1/2 orange, peeled and chopped
1/3 cup greek yogurt
1/4 cup milk or milk alternative
1 teaspoon honey

Combine all ingredients in a blender and blend until the orange and banana are fully incorporated.