



**DANCING
MOOSE**
MONTESSORI SCHOOL

AUGUST VEGETARIAN MENU

Zayda Campos, Chef at Garden Campus
Hugo Posso, Chef at River Park Campus
Pepe Soberanis, Chef at Museum Campus

Monday	Tuesday	Wednesday	Thursday	Friday
1 Orange Slices & Crackers Cazeo Pasta Corn and Bean Salad Tortilla Chips & Salsa	2 Apple Slices & Crackers Rice Side of Veggies Cheese & Pretzels	3 Fruit Smoothies Homemade Pizza Side Salad Fresh Fruit & Crackers	4 Yogurt & Fresh Fruit Vegetable Stir Fry Bananas & Crackers	5 Cinnamon Bread with Fruit Cheese Quesadillas Corn and Bean Salad Chexmix and Dried Fruit
8 Applesauce & Grhm Crackers Alfredo Pasta Side of Veggies Orange Slices & Crackers	9 Banana Pudding & Crackers Soy Protein Sandwich Potatoes Grapes & Crackers	10 Apple Slices & Crackers Basil Tomato Sauce with Rolls ChickPea Veg Crisps & Apples	11 Yogurt with Bananas Cheese Enchiladas Corn and Bean Salad Watermelon with Crackers	12 Pancakes with Fruit Veggie Burgers Potatoes Applesauce & Grhm Crackers
15 NO SCHOOL	16 NO SCHOOL	17 First Day of School! Fruit with Crackers Cheese Sandwiches Pickles and Apple Sauce Tortilla Chips & Salsa	18 Apple Sauce & Crackers Spaghetti with Marinara Side Salad Fresh Fruit & Crackers	19 Cinnamon Apples & Crackers Proteain Meatloaf Side of Veggies Orange Slices & Crackers
22 Yogurt & Fresh Fruit Baked Penne Pasta Side Salad Chex Mix and Dried Fruit	23 Cinnamon Bread with Fruit Cheese Sandwich Potatoes Fresh Fruit & Crackers	24 Orange Slices & Crackers Vegetable Stir Fry Rice Mandarin Oranges w/Crackers	25 French Toast with Jelly Cazeo Pasta Side Salad Applesauce & Grhm Crackers	26 Banana Pudding & Crackers Tortilla Soup Rolls Fresh Fruit w/Crackers
29 Fruit Smoothies Cheese Quesadillas Corn and Bean Salad Orange Slices & Crackers	30 Pancakes with Fruit Rice with Protein Potatoes ChickPea Veg Crisps & Apples	31 Yogurt & Fresh Fruit Alfredo Pasta Side of Veggies Watermelon with Crackers		