



# Dancing Moose Spring Menu

**\*\*Week 1 begins on the 1st Monday of the month**

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>						
Snack Item 1	Oatmeal	<input type="checkbox"/> <input type="checkbox"/>	Pancakes	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	Green Smoothie	<input type="checkbox"/> <input type="checkbox"/>
Snack Item 2	Bananas	<input type="checkbox"/> <input type="checkbox"/>	Blueberries	<input type="checkbox"/> <input type="checkbox"/>	Moose Mix	<input type="checkbox"/> <input type="checkbox"/>
<b>Lunch</b>						
Main Dish	Chicken Quesadillas	<input type="checkbox"/> <input checked="" type="checkbox"/>	Meatloaf	<input checked="" type="checkbox"/> <input type="checkbox"/>	Homemade Pizza	<input type="checkbox"/> <input checked="" type="checkbox"/>
Vegetarian Alt.	Cheese Quesadillas	<input type="checkbox"/> <input checked="" type="checkbox"/>	Plant Protein Meatloaf	<input checked="" type="checkbox"/> <input type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/> <input checked="" type="checkbox"/>
Side Dish	Avocado & Bean Salad	<input type="checkbox"/> <input type="checkbox"/>	Mashed Potatoes	<input type="checkbox"/> <input checked="" type="checkbox"/>	Mangos	<input type="checkbox"/> <input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/> <input checked="" type="checkbox"/>
<b>Afternoon Snack</b>						
Snack Item 1	Wheat Bread	<input type="checkbox"/> <input type="checkbox"/>	Kale Chips	<input type="checkbox"/> <input type="checkbox"/>	Crunchmaster 5 Seed Multi	<input type="checkbox"/> <input type="checkbox"/>
Snack Item 2	Sunflower Butter	<input type="checkbox"/> <input type="checkbox"/>	Applesauce	<input type="checkbox"/> <input type="checkbox"/>	Mozzarella Cheese	<input type="checkbox"/> <input checked="" type="checkbox"/>
	<input checked="" type="checkbox"/> Eggs		<input checked="" type="checkbox"/> Dairy			

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>						
Snack Item 1	Yogurt	<input type="checkbox"/> <input checked="" type="checkbox"/>	Fruit Smoothies	<input type="checkbox"/> <input checked="" type="checkbox"/>	Oatmeal	<input type="checkbox"/> <input checked="" type="checkbox"/>
Snack Item 2	Strawberries	<input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/> <input type="checkbox"/>	Blueberries	<input type="checkbox"/> <input type="checkbox"/>
<b>Lunch</b>						
Main Dish	Tomato Soup	<input type="checkbox"/> <input type="checkbox"/>	Turkey Cheese Sandwiches	<input type="checkbox"/> <input checked="" type="checkbox"/>	Pepe's Honey Chicken	<input type="checkbox"/> <input type="checkbox"/>
Vegetarian Alt.	No Veg Option Needed	<input type="checkbox"/> <input type="checkbox"/>	Cheese Sandwiches	<input type="checkbox"/> <input checked="" type="checkbox"/>	Honey Roasted Plant Prote	<input type="checkbox"/> <input type="checkbox"/>
Side Dish	Avocado Bites & Roll	<input type="checkbox"/> <input type="checkbox"/>	Carrot Sticks	<input type="checkbox"/> <input type="checkbox"/>	Rice and Veggies	<input type="checkbox"/> <input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/> <input checked="" type="checkbox"/>
<b>Afternoon Snack</b>						
Snack Item 1	Hummus	<input type="checkbox"/> <input type="checkbox"/>	Edamame	<input type="checkbox"/> <input type="checkbox"/>	Frozen Banana Nice Cream	<input type="checkbox"/> <input type="checkbox"/>
Snack Item 2	Carrots	<input type="checkbox"/> <input type="checkbox"/>	Graham Crackers	<input type="checkbox"/> <input type="checkbox"/>	Crunchmaster 5 Seed Multi	<input type="checkbox"/> <input type="checkbox"/>
	<input checked="" type="checkbox"/> Eggs		<input checked="" type="checkbox"/> Dairy			

\*Water is available to children throughout the day and at all meals and snacks.

\*\*Students with a wheat or gluten allergy must bring all of their own food due to safety reasons.

Week 3		Monday		Tuesday		Wednesday		Thursday		Friday					
<b>Morning Snack</b>															
Snack Item 1	Green Smoothie	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cinnamon Apples	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Pancakes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Oatmeal	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Sunflower Butter Bites	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Snack Item 2		<input type="checkbox"/>	<input type="checkbox"/>	Pretzels	<input type="checkbox"/>	<input type="checkbox"/>	Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	Bananas	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch</b>															
Main Dish	Mac & Cheese	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Sunflower Pesto Pasta	<input type="checkbox"/>	<input type="checkbox"/>	Teriyaki Chicken	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Quesadillas	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Homemade Pizza	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Vegetarian Alt.	No Veg Option Needed	<input type="checkbox"/>	<input checked="" type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	Edamame Vegetable Stir F	<input type="checkbox"/>	<input type="checkbox"/>	Cheese Quesadillas	<input type="checkbox"/>	<input checked="" type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Side Dish	Mixed Vegetables	<input type="checkbox"/>	<input type="checkbox"/>	Mangos	<input type="checkbox"/>	<input type="checkbox"/>	Orange Slices	<input type="checkbox"/>	<input type="checkbox"/>	Avocado & Bean Salad	<input type="checkbox"/>	<input type="checkbox"/>	Grow Tower Salad	<input type="checkbox"/>	<input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Afternoon Snack</b>															
Snack Item 1	Sunflower Butter Bites	<input type="checkbox"/>	<input type="checkbox"/>	Kale Chips	<input type="checkbox"/>	<input type="checkbox"/>	Wheat Bread	<input type="checkbox"/>	<input type="checkbox"/>	Terra Veggie Chips	<input type="checkbox"/>	<input type="checkbox"/>	Garden Veggie Straws	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2		<input type="checkbox"/>	<input type="checkbox"/>	Mozzarella Cheese	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Sunflower Butter	<input type="checkbox"/>	<input type="checkbox"/>	Apple Slices	<input type="checkbox"/>	<input type="checkbox"/>	Carrots	<input type="checkbox"/>	<input type="checkbox"/>

Eggs

Dairy

Week 4		Monday		Tuesday		Wednesday		Thursday		Friday					
<b>Morning Snack</b>															
Snack Item 1	Applesauce	<input type="checkbox"/>	<input type="checkbox"/>	Moose Mix	<input type="checkbox"/>	<input type="checkbox"/>	Yogurt	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cutie Oranges	<input type="checkbox"/>	<input type="checkbox"/>	Pancakes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Snack Item 2	Graham Crackers	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	Graham Crackers	<input type="checkbox"/>	<input type="checkbox"/>	Strawberries	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch</b>															
Main Dish	Pepe's Honey Chicken	<input type="checkbox"/>	<input type="checkbox"/>	Tomato Soup	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Butter & Jelly Sc	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Bolognese Pasta	<input type="checkbox"/>	<input type="checkbox"/>	Teriyaki Chicken	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Vegetarian Alt.	Honey Roasted Plant Prote	<input type="checkbox"/>	<input type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Spaghetti Marinara	<input type="checkbox"/>	<input type="checkbox"/>	Edamame Vegetable Stir F	<input type="checkbox"/>	<input type="checkbox"/>
Side Dish	Rice and Veggies	<input type="checkbox"/>	<input type="checkbox"/>	Avocado Bites & Roll	<input type="checkbox"/>	<input type="checkbox"/>	Mixed Vegetables	<input type="checkbox"/>	<input type="checkbox"/>	Carrot Sticks	<input type="checkbox"/>	<input type="checkbox"/>	Orange Slices	<input type="checkbox"/>	<input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Afternoon Snack</b>															
Snack Item 1	Crunchmaster 5 Seed Multi	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Banana Nice Cream	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Butter Bites	<input type="checkbox"/>	<input type="checkbox"/>	Green Smoothie	<input type="checkbox"/>	<input type="checkbox"/>	Skinny Pop	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Orange Slices	<input type="checkbox"/>	<input type="checkbox"/>	Pretzels	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Craisins	<input type="checkbox"/>	<input type="checkbox"/>

Eggs

Dairy

Week 5		Monday		Tuesday		Wednesday		Thursday		Friday					
<b>Morning Snack</b>															
Snack Item 1	Cinnamon Toast	<input type="checkbox"/>	<input type="checkbox"/>	Oatmeal	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Green Smoothie	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Yogurt	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cinnamon Apples	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Sunflower Butter	<input type="checkbox"/>	<input type="checkbox"/>	Bananas	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Strawberries	<input type="checkbox"/>	<input type="checkbox"/>	Graham Crackers	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch</b>															
Main Dish	Turkey Cheese Sandwiches	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Pumpkin Risotto	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Quesadillas	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Homemade Pizza	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Sunflower Butter & Jelly Sc	<input type="checkbox"/>	<input type="checkbox"/>
Vegetarian Alt.	Cheese Sandwiches	<input type="checkbox"/>	<input checked="" type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	Cheese Quesadillas	<input type="checkbox"/>	<input checked="" type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input checked="" type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>
Side Dish	Carrot Sticks	<input type="checkbox"/>	<input type="checkbox"/>	Side Salad	<input type="checkbox"/>	<input type="checkbox"/>	Avocado & Bean Salad	<input type="checkbox"/>	<input type="checkbox"/>	Mangos	<input type="checkbox"/>	<input type="checkbox"/>	Mixed Vegetables	<input type="checkbox"/>	<input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Afternoon Snack</b>															
Snack Item 1	Kale Chips	<input type="checkbox"/>	<input type="checkbox"/>	Crunchmaster 5 Seed Multi	<input type="checkbox"/>	<input type="checkbox"/>	Moose Mix	<input type="checkbox"/>	<input type="checkbox"/>	Garden Veggie Straws	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Frozen Banana Nice Cream	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Applesauce	<input type="checkbox"/>	<input type="checkbox"/>	Orange Slices	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Carrots	<input type="checkbox"/>	<input type="checkbox"/>	Pretzels	<input type="checkbox"/>	<input type="checkbox"/>

Eggs

Dairy