



# Dancing Moose Fall Menu

Sept, Oct, Nov, Dec

**\*\*Week 1 begins on the 1st Monday of the month**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>					
Snack Item 1	Moose Mix <input type="checkbox"/> <input type="checkbox"/>	Oatmeal <input type="checkbox"/> <input type="checkbox"/>	Blueberry Muffin Bites <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	Yogurt <input type="checkbox"/> <input checked="" type="checkbox"/>	Fruit Smoothies <input type="checkbox"/> <input checked="" type="checkbox"/>
Snack Item 2	Cutie Oranges <input type="checkbox"/> <input type="checkbox"/>	Blueberries <input type="checkbox"/> <input type="checkbox"/>	Applesauce <input type="checkbox"/> <input type="checkbox"/>	Strawberries <input type="checkbox"/> <input type="checkbox"/>	Graham Crackers <input type="checkbox"/> <input type="checkbox"/>
<b>Lunch</b>					
Main Dish	Butternut Squash Mac & C <input type="checkbox"/> <input checked="" type="checkbox"/>	Pepperoni Pizza <input type="checkbox"/> <input checked="" type="checkbox"/>	Honey Herb Roasted Chic <input type="checkbox"/> <input type="checkbox"/>	Sunflower Butter & Jelly S <input type="checkbox"/> <input type="checkbox"/>	White Bean Soup with Mec <input type="checkbox"/> <input type="checkbox"/>
Vegetarian Alt.	No Veg Option Needed <input type="checkbox"/> <input checked="" type="checkbox"/>	Margherita Pizza <input type="checkbox"/> <input checked="" type="checkbox"/>	Honey Roasted Plant Prot <input type="checkbox"/> <input type="checkbox"/>	No Veg Option Needed <input type="checkbox"/> <input type="checkbox"/>	White Bean Soup with Spir <input type="checkbox"/> <input type="checkbox"/>
Side Dish	Mangos <input type="checkbox"/> <input type="checkbox"/>	Side Salad <input type="checkbox"/> <input type="checkbox"/>	Rice and Veggies <input type="checkbox"/> <input type="checkbox"/>	Apple Slices <input type="checkbox"/> <input type="checkbox"/>	Rolls <input type="checkbox"/> <input type="checkbox"/>
Beverage	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>
<b>Afternoon Snack</b>					
Snack Item 1	"Ants on a Log" <input type="checkbox"/> <input type="checkbox"/>	Apple Slices <input type="checkbox"/> <input type="checkbox"/>	Cheddar Cheese <input type="checkbox"/> <input checked="" type="checkbox"/>	Carrots <input type="checkbox"/> <input type="checkbox"/>	ChickPea Veg Crisps <input type="checkbox"/> <input type="checkbox"/>
Snack Item 2	Celery, Rainins, Sun Butter <input type="checkbox"/> <input type="checkbox"/>	Goldfish <input type="checkbox"/> <input type="checkbox"/>	Wheat Thins <input type="checkbox"/> <input type="checkbox"/>	Pretzels <input type="checkbox"/> <input type="checkbox"/>	Cutie Oranges <input type="checkbox"/> <input type="checkbox"/>

Eggs       Dairy

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>					
Snack Item 1	Banana Yogurt Splits <input type="checkbox"/> <input checked="" type="checkbox"/>	Green Smoothie <input type="checkbox"/> <input checked="" type="checkbox"/>	Pancakes <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	Oatmeal Bites <input type="checkbox"/> <input type="checkbox"/>	Cutie Oranges <input type="checkbox"/> <input checked="" type="checkbox"/>
Snack Item 2	Strawberries <input type="checkbox"/> <input type="checkbox"/>	Graham Crackers <input type="checkbox"/> <input type="checkbox"/>	Blueberries <input type="checkbox"/> <input type="checkbox"/>	Orange Slices <input type="checkbox"/> <input type="checkbox"/>	Wheat Thins <input type="checkbox"/> <input type="checkbox"/>
<b>Lunch</b>					
Main Dish	Cazeo Pasta with Turkey E <input type="checkbox"/> <input checked="" type="checkbox"/>	Cheese Enchiladas <input type="checkbox"/> <input checked="" type="checkbox"/>	Sloppy Joe Sandwich <input type="checkbox"/> <input type="checkbox"/>	Tomato Soup and Wheat f <input type="checkbox"/> <input checked="" type="checkbox"/>	Chicken Stir Fry <input type="checkbox"/> <input type="checkbox"/>
Vegetarian Alt.	Cazeo Pasta with Black Be <input type="checkbox"/> <input checked="" type="checkbox"/>	Cheese Enchiladas <input type="checkbox"/> <input checked="" type="checkbox"/>	Plant Protein Sloppy Joe <input type="checkbox"/> <input type="checkbox"/>	No Veg Option Needed <input type="checkbox"/> <input checked="" type="checkbox"/>	Edamame Stir Fry <input type="checkbox"/> <input type="checkbox"/>
Side Dish	Side Salad <input type="checkbox"/> <input type="checkbox"/>	Corn and Black Bean Sala <input type="checkbox"/> <input type="checkbox"/>	Roasted Potatoes <input type="checkbox"/> <input type="checkbox"/>	Parmesan Roasted Broccc <input type="checkbox"/> <input type="checkbox"/>	Rice <input type="checkbox"/> <input type="checkbox"/>
Beverage	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>	Milk 2% <input type="checkbox"/> <input checked="" type="checkbox"/>
<b>Afternoon Snack</b>					
Snack Item 1	Carrots <input type="checkbox"/> <input type="checkbox"/>	Frozen Banana Nice Crear <input type="checkbox"/> <input type="checkbox"/>	Banana Carrot Bread <input type="checkbox"/> <input type="checkbox"/>	Apple Slices <input type="checkbox"/> <input type="checkbox"/>	Garden Veggie Straws <input type="checkbox"/> <input type="checkbox"/>
Snack Item 2	Hummus <input type="checkbox"/> <input type="checkbox"/>	Pretzels <input type="checkbox"/> <input type="checkbox"/>	Grapes <input type="checkbox"/> <input type="checkbox"/>	Mozzarella Cheese <input type="checkbox"/> <input checked="" type="checkbox"/>	Fresh Melon <input type="checkbox"/> <input type="checkbox"/>

Eggs       Dairy

\*Water is available to children throughout the day and at all meals and snacks.

\*\*Students with a wheat or gluten allergy must bring all of their own food due to safety reasons.

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday									
<b>Morning Snack</b>															
Snack Item 1	Fruit Smoothies	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Apple Cinnamon Pancake:	<input type="checkbox"/>	<input type="checkbox"/>	Yogurt	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Oatmeal	<input type="checkbox"/>	<input type="checkbox"/>	Moose Mix	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Snack Item 2	Graham Crackers	<input type="checkbox"/>	<input type="checkbox"/>	Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	Strawberries	<input type="checkbox"/>	<input type="checkbox"/>	Craisins	<input type="checkbox"/>	<input type="checkbox"/>	Cutie Oranges	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch</b>															
Main Dish	Cheese Quesadillas	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Pasta All Amatriciana w Turkey Bc	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Turkey Cheese Sandwiche	<input type="checkbox"/>	<input type="checkbox"/>	Broccoli Cream Soup	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Pepperoni Pizza	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Vegetarian Alt.	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	Pasta All Amatriciana w Plant Pro	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Grilled Cheese Sandwich	<input type="checkbox"/>	<input type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	Margherita Pizza	<input type="checkbox"/>	<input type="checkbox"/>
Side Dish	Corn and Black Bean Sala	<input type="checkbox"/>	<input type="checkbox"/>	Side Salad	<input type="checkbox"/>	<input type="checkbox"/>	Apple Slices	<input type="checkbox"/>	<input type="checkbox"/>	Rolls	<input type="checkbox"/>	<input type="checkbox"/>	Side Salad	<input type="checkbox"/>	<input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Afternoon Snack</b>															
Snack Item 1	Banana Carrot Bread	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Banana Nice Crear	<input type="checkbox"/>	<input type="checkbox"/>	Hummus	<input type="checkbox"/>	<input type="checkbox"/>	Cheddar Cheese	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Wheat Thins	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Apple Slices	<input type="checkbox"/>	<input type="checkbox"/>	Goldfish	<input type="checkbox"/>	<input type="checkbox"/>	Pretzels	<input type="checkbox"/>	<input type="checkbox"/>	Crunchmaster 5 Seed Mult	<input type="checkbox"/>	<input type="checkbox"/>	Fresh Melon	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> Eggs <input checked="" type="checkbox"/> Dairy															

Week 4		Monday	Tuesday	Wednesday	Thursday	Friday									
<b>Morning Snack</b>															
Snack Item 1	Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	Yogurt	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Bananas	<input type="checkbox"/>	<input type="checkbox"/>	Graham Crackers	<input type="checkbox"/>	<input type="checkbox"/>	Cinnamon Apples	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Oatmeal	<input type="checkbox"/>	<input type="checkbox"/>	Strawberries	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Butter	<input type="checkbox"/>	<input type="checkbox"/>	Cutie Oranges	<input type="checkbox"/>	<input type="checkbox"/>	Wheat Bread	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch</b>															
Main Dish	Sunflower Butter & Jelly S	<input type="checkbox"/>	<input type="checkbox"/>	BBQ Chicken Sandwich	<input type="checkbox"/>	<input type="checkbox"/>	Italian Wedding Soup w M	<input type="checkbox"/>	<input type="checkbox"/>	Butternut Squash Mac & C	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cazeo Pasta with Turkey E	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Vegetarian Alt.	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	BBQ Plant Protein Sandwix	<input type="checkbox"/>	<input type="checkbox"/>	Italian Wedding Soup w PI	<input type="checkbox"/>	<input type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input type="checkbox"/>	Cazeo Pasta with Black Be	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Side Dish	Sweet Potato Wedges	<input type="checkbox"/>	<input type="checkbox"/>	Fresh Melon	<input type="checkbox"/>	<input type="checkbox"/>	Rolls	<input type="checkbox"/>	<input type="checkbox"/>	Parmesan Roasted Broccc	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Side Salad	<input type="checkbox"/>	<input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Afternoon Snack</b>															
Snack Item 1	ChickPea Veg Crisps	<input type="checkbox"/>	<input type="checkbox"/>	"Ants on a Log"	<input type="checkbox"/>	<input type="checkbox"/>	Mozzarella Cheese	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Moose Mix	<input type="checkbox"/>	<input type="checkbox"/>	Crunchmaster 5 Seed Mult	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Grapes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Celery, Rainins, Sun Butter	<input type="checkbox"/>	<input type="checkbox"/>	Terra Veggie Chips	<input type="checkbox"/>	<input type="checkbox"/>	Applesauce	<input type="checkbox"/>	<input type="checkbox"/>	Craisins	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> Eggs <input checked="" type="checkbox"/> Dairy															

Week 5		Monday	Tuesday	Wednesday	Thursday	Friday									
<b>Morning Snack</b>															
Snack Item 1	Applesauce	<input type="checkbox"/>	<input type="checkbox"/>	Green Smoothie	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cutie Oranges	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Banana Carrot Bread	<input type="checkbox"/>	<input type="checkbox"/>	Yogurt	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Snack Item 2	Graham Crackers	<input type="checkbox"/>	<input type="checkbox"/>	Terra Veggie Chips	<input type="checkbox"/>	<input type="checkbox"/>	Wheat Thins	<input type="checkbox"/>	<input type="checkbox"/>	Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	Strawberries	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch</b>															
Main Dish	Alfredo Pasta	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Chicken Stir Fry	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Meatloaf	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cheese Quesadillas	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Chicken Tortilla Soup	<input type="checkbox"/>	<input type="checkbox"/>
Vegetarian Alt.	No Veg Option Needed	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Edamame Stir Fry	<input type="checkbox"/>	<input type="checkbox"/>	Plant Protein Meatloaf	<input checked="" type="checkbox"/>	<input type="checkbox"/>	No Veg Option Needed	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Black Bean Tortilla Soup	<input type="checkbox"/>	<input type="checkbox"/>
Side Dish	Mixed Vegetables	<input type="checkbox"/>	<input type="checkbox"/>	Rice	<input type="checkbox"/>	<input type="checkbox"/>	Mashed Potatoes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Corn and Black Bean Sala	<input type="checkbox"/>	<input type="checkbox"/>	Rolls	<input type="checkbox"/>	<input type="checkbox"/>
Beverage	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Milk 2%	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Afternoon Snack</b>															
Snack Item 1	Carrots	<input type="checkbox"/>	<input type="checkbox"/>	Cheddar Cheese	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Frozen Banana Nice Crear	<input type="checkbox"/>	<input type="checkbox"/>	Grapes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Fresh Melon	<input type="checkbox"/>	<input type="checkbox"/>
Snack Item 2	Hummus	<input type="checkbox"/>	<input type="checkbox"/>	Apple Slices	<input type="checkbox"/>	<input type="checkbox"/>	Pretzels	<input type="checkbox"/>	<input type="checkbox"/>	Crunchmaster 5 Seed Mult	<input type="checkbox"/>	<input type="checkbox"/>	Goldfish	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> Eggs <input checked="" type="checkbox"/> Dairy															